



2026 ALLERGEN CHART AND INFORMATION

Revision 05/18/2026

Allergen Key	X	=Product contains ingredient derived from this food
	*	=Product does not contain this allergen, but was prepared in a facility that processes or may process other products with these ingredients
	±	=Rita's Cream Ice Flavors contain sodium caseinate, a milk derivative

Italian Ice Flavors

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
Apple Berry Blue									
Banana									
Blue Raspberry									
Blueberry									
Blueberry Lemonade									
Cantaloupe									
Carnival									
Cherry									
Cherry Lemonade									
Cherry Limeade									
Chocolate									
Chocolate Chocolate Chip		X	*						
Chocolate Peanut Butter		X				X			
Clementine									
Cola									
Cotton Candy									
Dr. Pepper									
Georgia Peach									
Green Apple									
Gummy Bear									
Island Fusion									
Juicy Pear									
Key Lime									
KOOL-AID Sharkleberry Fin									
KOOL-AID Tropical Punch									
Lemon									
Mango									
Mango Peach									
Mango Pineapple									
Mango Strawberry									
Margarita									
NERDS Grape									
Passionfruit Paloma									
Peach Ring									
Pina Colada									
Pineapple									
Raspberry									
Raspberry Lemonade									
Rocket Pop									
Root Beer									
SKITTLES									
SOUR PATCH KIDS Red									
SOUR PATCH KIDS Watermelon									
Strawberry									
Strawberry Colada									
Strawberry Lemonade									
Strawberry Margarita									
Strawberry Watermelon									
Swedish Fish									
Tropical Daiquiri									
Unicorn									
Vanilla									
Watermelon									
Wild Black Cherry									
Witches Brew Berry									
Zombies Blood									



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Cream Ice Flavors

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
Banana Split Cream		X	±						
Birthday Cake	X	X	±						
Black Cherry Cheesecake			X						
Brookie Dough	X	X	X	*	*	*	*		
Cheesecake			±						
Choc Covered Strawberry		X	X	*	*	*	*		
Chocolate Chip Cheesecake		X	X						
Chocolate Covered Banana		X	X	*	*	*	*		
Coconut Cream Ice		X	±						
Cookie Dough	X	X	X						
Cookies N' Cream	X	X	±						
Frozen Hot Cocoa			±						
Fudge Brownie	X	X	X	X					
Marshmallow Peanut Butter		X	±			X			
Mint Chocolate Chip		X	±						
Mint Oreo	X	X	±						
Orange Dreamsicle			±						
Pumpkin Cheesecake			X						
Pumpkin Pie			±						
Raspberries N' Cream			±	X					
Root Beer Float			±						
Shamrock			±						
Smores		X	±	*					
Strawberries N' Cream			±						
Strawberry Banana			±						
Strawberry Cheesecake			X						
Watermelon Chip		X	±	*					

Sugar-Free Ice Flavors

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
S/F Cherry									
S/F Dragonfruit									
S/F Mango-Peach									
S/F Mango Dragonfruit									
S/F Pink Lemonade									
S/F Tangerine									

Custard Flavors

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
Banana Custard	*	*	X	X	*	*			
Black Raspberry	*	*	X	X	*	*			
Butter Pecan	*	*	X	X	*	*			
Cake Batter	*	*	X	X	*	*			
Campfire Marshmallow	*	*	X	X	*	*			
Caramel Macchiato	*	*	X	X	*	*			
Cheesecake Custard	*	*	X	X	*	*			
Chocolate Banana	*	*	X	X	*	*			
Chocolate Cake	*	*	X	X	*	*			
Chocolate Custard Mix			X	X					
Chocolate Strawberry	*	*	X	X	*	*			
Coffee	*	*	X	X	*	*			
Cotton Candy	*	*	X	X	*	*			
Mint	*	*	X	X	*	*			
Orange	*	*	X	X	*	*			
Peach	*	*	X	X	*	*			
Pistachio	*	*	X	X	*	*			
Pumpkin	*	*	X	X	*	*			
Salted Caramel	*	*	X	X	*	*			
Salted Caramel Chocolate	*	*	X	X	*	*			
Strawberry Custard	*	*	X	X	*	*			
Strawberry-Banana	*	*	X	X	*	*			
Vanilla Custard Mix			X	X					



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Toppings & Mix-ins

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
Almond Toffee Crunch	*	X	X	*	X	*			
Andes Mints		X	X						
Apple Pie Topping									
Brownie Bites	X	X	X						
Chocolate Chips		X	*						
Chocolate Sprinkles		X							
Chopped Peanuts	*	*	*	*	*	X			*
Cookie Dough Bites	X	X	X						
Crushed Cherries									
Crushed Peppermint									
Crushed Pineapple									
Diced Black Cherries									
Firecracker Glitter									
Gummy Bears	*	*	*		*	*			*
HERSHEY's Hot Caramel		*	X	*	*	*	*		
HERSHEY's Hot Fudge		*	X	*	*	*	*		
IQF Strawberries									
M&M's Minis		X	X			*			
Milkshake Syrup									
MONIN Caramel Apple Butter					*				
MONIN Cold Brew Concentrate					*				
MONIN Matcha					*				
Nerds	*	*	*	*	*	*			
OREO Cookie Pieces	X	X							
Rainbow Sprinkles		X							
REESE'S Peanut Butter Cups	*	X	X	*	*	X			
REESE'S Peanut Butter Sauce		X				X			
Strawberry Topping									
Unicorn Glitter									
Vanilla Wafers	X	X	X	X					
Wet Walnuts					X				
Whipped Cream			X						
Whole Cherries									

Cones & Bowls

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
Cake Cone	X	X							
Waffle Cone	X	X							
Waffle Bowl	X	X							

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Custard Cookie Sandwiches

Allergen:	Wheat (Gluten)	Soy	Milk	Egg	Tree Nut	Peanut	Fish	Shellfish	Sesame
OREO	X	X	X	X					
Chocolate Chip	X	X	X	X	*	*			

Nutrition and allergen information is based on our standard product formulations and menu. Allergen details are provided for the nine major food groups identified under the Food Allergen Labeling and Consumer Protection Act of 2004. Please note that variations may occur due to differences in preparation, recipe modifications, or ingredient substitutions. Limited Time Offers, Feature Flavors, and Test Products may not be reflected in the information provided above.

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2026 Natural & Artificial Coloring / Dye Chart

Revision 03/19/2026

Product contains this coloring =	X	X	X	X	X	X	X	X	X	X	X
Italian Ice Flavors	Artificial Colorings						Natural Colorings				
Flavor:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
Apple Berry Blue	X				X						
Banana					X	X					
Blue Raspberry	X										
Blueberry	X										
Blueberry Lemonade	X										
Cantaloupe				X		X					
Carnival	X			X							
Cherry				X							
Cherry Lemonade				X							
Cherry Limeade	X			X	X						
Chocolate							X				
Chocolate Chocolate Chip							X				
Chocolate Peanut Butter							X				
Clementine										X	
Cola							X				
Cotton Candy	X										
Dr. Pepper							X				
Georgia Peach						X					
Green Apple	X				X						
Gummy Bear	X			X	X	X					
Island Fusion				X	X	X					
Juicy Pear	X				X						
Key Lime	X				X						
KOOL-AID Sharkleberry Fin				X		X					
KOOL-AID Tropical Punch	X			X							
Lemon											
Mango					X	X					
Mango Peach					X	X					
Mango Pineapple					X	X					
Mango Strawberry				X	X	X					
Margarita	X				X						
NERDS Grape		X		X							
Passionfruit Paloma										X	
Peach Ring				X		X					
Pina Colada											
Pineapple					X	X					
Raspberry	X			X							
Raspberry Lemonade	X			X							
Rocket Pop	X			X							
Root Beer							X				
SKITTLES	X			X							
SOUR PATCH KIDS Red				X							
SOUR PATCH KIDS Watermelon				X							
Strawberry				X							
Strawberry Colada				X							
Strawberry Lemonade				X							
Strawberry Margarita	X			X	X						
Strawberry Watermelon				X							
Swedish Fish				X							
Tropical Daiquiri				X							
Unicorn	X	X		X							
Vanilla							X				
Watermelon				X							
Wild Black Cherry	X			X							
Witches Brew Berry	X			X							
Zombies Blood	X			X							



2026 Natural & Artificial Coloring / Dye Chart

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Product contains this coloring =	X	X	X	X	X	X	X	X	X	X	X
Cream Ice Flavors	Artificial Colorings						Natural Colorings				
Flavor:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
Banana Split Cream				X	X	X					
Birthday Cake					X				X		X
Black Cherry Cheesecake	X			X							
Brookie Dough							X				
Cheesecake											
Choc Covered Strawberry				X							
Chocolate Chip Cheesecake											
Coconut Cream Ice								X			
Cookie Dough							X				
Cookies N' Cream								X			
Frozen Hot Cocoa							X	X			
Fudge Brownie							X				
Marshmallow Peanut Butter								X			
Mint Chocolate Chip	X				X						
Mint Oreo	X				X						
Orange Dreamsicle								X		X	
Pumpkin Cheesecake						X	X				
Pumpkin Pie						X	X				
Raspberries N' Cream	X			X				X			
Root Beer Float	X						X				
Shamrock	X				X			X			
Smores								X			
Strawberries N' Cream				X				X			
Strawberry Banana				X	X	X					
Strawberry Cheesecake				X							
Watermelon Chip				X							
Chocolate Covered Banana					X	X					
Sugar-Free Ice Flavors	Artificial Colorings						Natural Colorings				
Flavor:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
S/F Cherry				X							
S/F Dragonfruit				X							
S/F Mango-Peach						X					
S/F Mango Dragonfruit				X		X					
S/F Pink Lemonade				X							
S/F Tangerine				X		X					
Custard Flavors	Artificial Colorings						Natural Colorings				
Flavor:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
Banana Custard					X						
Black Raspberry	X			X							
Butter Pecan					X		X				
Cake Batter							X				
Campfire Marshmallow	X			X	X						
Caramel Macchiato				X		X	X				
Cheesecake Custard											
Chocolate Banana					X						
Chocolate Cake							X				
Chocolate Custard Mix											
Chocolate Strawberry				X							
Coffee							X				
Cotton Candy							X				
Mint	X				X						
Orange				X		X					
Peach				X		X					
Pistachio	X				X						
Pumpkin				X		X	X				
Salted Caramel				X		X	X				
Salted Caramel Chocolate				X		X	X				
Strawberry Custard				X							
Strawberry-Banana				X	X						
Vanilla Custard Mix											



2026 Natural & Artificial Coloring / Dye Chart

Revision 03/19/2026

Product contains this coloring =	X	X	X	X	X	X	X	X	X	X	X
Toppings & Mix-Ins	Artificial Colorings						Natural Colorings				
Food Product:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
Almond Toffee Crunch											
Andes Mints	X				X						
Apple Pie Topping											
Brownie Bites											
Chocolate Chips											
Chocolate Sprinkles	X			X	X	X					
Chopped Peanuts											
Cookie Dough Bites											
Crushed Cherries				X							
Crushed Peppermint				X							
Crushed Pineapple					X						
Diced Black Cherries	X			X							
Firecracker Glitter	X			X	X	X					
Gummy Bears	X			X	X	X					
HERSHEY's Hot Caramel											
HERSHEY's Hot Fudge											
IQF Strawberries											
M&M's Minis	X			X	X	X					
Milkshake Syrup							X				
MONIN Caramel Apple Butter											
MONIN Cold Brew Concentrate											
MONIN Matcha											X
Nerds	X	X		X	X	X					
OREO Pieces											
Rainbow Sprinkles	X	X	X	X	X	X					
REESE'S Peanut Butter Cups											
REESE'S Peanut Butter Sauce											
Strawberry Topping				X							
Unicorn Glitter	X			X	X	X					
Vanilla Wafers											
Wet Walnuts											
Whipped Cream											
Whole Cherries				X							
Cones & Bowls	Artificial Colorings						Natural Colorings				
Food Product:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
Cake Cone									X		
Waffle Cone											
Waffle Bowl											
Custard Cookie Sandwiches	Artificial Colorings						Natural Colorings				
Cookie Variety:	Blue #1	Blue #2	Red #3	Red #40	Yellow #5	Yellow #6	Caramel Color	Titanium Dioxide	Annatto Extract	Beta Carotene	Turmeric
OREO											
Chocolate Chip										X	
The Natural/Artificial Coloring / Dye Chart provided is based on our standard product formulations and menu; this covers artificial and natural coloring. Variations may occur due to product preparation, recipe alteration, and/or ingredient substitution. Limited Time Offers, Feature Flavors, or Test Products may not be included with the above.											
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2026 SUGAR FREE NET CARBS

The below Net Carbs can be referenced and combined as components of treats that can be produced with Sugar Free Ice flavors to understand the total Net Carbs.

SF Cherry			
Treat	Ice Net Carbs (g)	Vanilla Custard Net Carbs (g)	Chocolate Custard Net Carbs (g)
Kids Ice	5.80	N/A	N/A
Small Ice	7.63	N/A	N/A
Large Ice	12.94	N/A	N/A
Quart Ice	22.62	N/A	N/A
Small Gelati	4.95	22.17	26.02
Large Gelati	9.47	26.73	31.38
5-Layer Gelati	5.02	41.41	48.60
Blendini	2.76	37.166	43.629
For Blendini: Add Net Carbs for 1 Topping from the Topping Chart; Add 1 Stuffed Topping from Stuffed Topping Chart (Optional)			
Small Ice Blender	7.28	N/A	N/A
Large Ice Blender	10.39	N/A	N/A
Small Misto® Shake	7.28	16.09	18.88
Large Misto® Shake	11.66	23.47	27.56

SF Mango-Peach			
Treat	Ice Net Carbs (g)	Vanilla Custard Net Carbs (g)	Chocolate Custard Net Carbs (g)
Kids Ice	5.76	N/A	N/A
Small Ice	7.59	N/A	N/A
Large Ice	12.87	N/A	N/A
Quart Ice	22.50	N/A	N/A
Small Gelati	4.92	22.17	26.02
Large Gelati	9.42	26.73	31.38
5-Layer Gelati	4.99	41.41	48.60
Blendini	2.74	37.166	43.629
For Blendini: Add Net Carbs for 1 Topping from the Topping Chart; Add 1 Stuffed Topping from Stuffed Topping Chart (Optional)			
Small Ice Blender	7.24	N/A	N/A
Large Ice Blender	10.33	N/A	N/A
Small Misto® Shake	7.24	16.09	18.88
Large Misto® Shake	11.60	23.47	27.56

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SF Pink Lemonade			
Treat	Ice Net Carbs (g)	Vanilla Custard Net Carbs (g)	Chocolate Custard Net Carbs (g)
Kids Ice	5.73	N/A	N/A
Small Ice	7.55	N/A	N/A
Large Ice	12.80	N/A	N/A
Quart Ice	22.37	N/A	N/A
Small Gelati	4.89	22.17	26.02
Large Gelati	9.37	26.73	31.38
5-Layer Gelati	2.48	41.41	48.60
Blendini	2.73	37.166	43.629
For Blendini: Add Net Carbs for 1 Topping from the Topping Chart; Add 1 Stuffed Topping from Stuffed Topping Chart (Optional)			
Small Ice Blender	7.20	N/A	N/A
Large Ice Blender	10.28	N/A	N/A
Small Misto® Shake	7.20	16.09	18.88
Large Misto® Shake	11.54	23.47	27.56

SF Mango-Dragonfruit			
Treat	Ice Net Carbs (g)	Vanilla Custard Net Carbs (g)	Chocolate Custard Net Carbs (g)
Kids Ice	18.44	N/A	N/A
Small Ice	24.29	N/A	N/A
Large Ice	41.15	N/A	N/A
Quart Ice	71.96	N/A	N/A
Small Gelati	15.74	22.17	26.02
Large Gelati	30.13	26.73	31.38
5-Layer Gelati	15.96	41.41	48.60
Blendini	8.77	37.166	43.629
For Blendini: Add Net Carbs for 1 Topping from the Topping Chart; Add 1 Stuffed Topping from Stuffed Topping Chart (Optional)			
Small Ice Blender	23.16	N/A	N/A
Large Ice Blender	33.06	N/A	N/A
Small Misto® Shake	23.16	16.09	18.88
Large Misto® Shake	37.10	23.47	27.56

SF Dragonfruit			
Treat	Ice Net Carbs (g)	Vanilla Custard Net Carbs (g)	Chocolate Custard Net Carbs (g)
Kids Ice	18.44	N/A	N/A
Small Ice	24.29	N/A	N/A
Large Ice	69.07	N/A	N/A
Quart Ice	120.77	N/A	N/A
Small Gelati	26.42	22.17	26.02
Large Gelati	50.57	26.73	31.38
5-Layer Gelati	15.97	41.41	48.60
Blendini	14.72	37.166	35.55
For Blendini: Add Net Carbs for 1 Topping from the Topping Chart; Add 1 Stuffed Topping from Stuffed Topping Chart (Optional)			
Small Ice Blender	38.87	N/A	N/A
Large Ice Blender	55.48	N/A	N/A
Small Misto® Shake	38.87	16.09	18.88
Large Misto® Shake	62.27	23.47	27.56

SF Tangerine			
Treat	Ice Net Carbs (g)	Vanilla Custard Net Carbs (g)	Chocolate Custard Net Carbs (g)
Kids Ice	5.63	N/A	N/A
Small Ice	7.42	N/A	N/A
Large Ice	12.57	N/A	N/A
Quart Ice	21.98	N/A	N/A
Small Gelati	4.81	22.17	26.02
Large Gelati	9.20	26.73	31.38
5-Layer Gelati	2.44	41.41	48.60
Blendini	2.68	37.166	35.55
For Blendini: Add Net Carbs for 1 Topping from the Topping Chart; Add 1 Stuffed Topping from Stuffed Topping Chart (Optional)			
Small Ice Blender	7.07	N/A	N/A
Large Ice Blender	10.10	N/A	N/A
Small Misto® Shake	7.07	16.09	18.88
Large Misto® Shake	11.33	23.47	27.56

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Toppings Chart			
Topping	Net Carbs (g)	Topping	Net Carbs (g)
OREO® Pieces	9.45	Chocolate Sprinkles	18.53
M&Ms® Minis®	18.42	Gummy Bears	15.45
Reese's® Peanut Butter Cups	10.62	Hot Fudge	19.36
Nerds®	24.91	Hot Caramel	26.49
Almond Toffee Crunch	7.89	Peanut Butter Sauce	3.89
Chopped Peanuts	2.22	Apple Pie Filling	16.51
Vanilla Wafers	7.51	Unicorn Glitter	26.37
Rainbow Sprinkles	19.86	Strawberry Topping	12.33
Chocolate Sprinkles	18.53	Chocolate Chips	14.433

Stuffed Toppings Chart			
Topping	Net Carbs (g)	Topping	Net Carbs (g)
Peanut Butter Sauce	3.89	Hot Fudge	19.36
Apple Pie Filling	16.51	Hot Caramel	26.49
Strawberry Topping	12.33		



2026 NUTRITION GUIDE

Italian Ice

Type	Ice Type	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
Italian Ice	Kids (8.2 oz.)	100 - 260	0 - 20	0 - 2	0 - 1	0 - 0	0 - 0	10 - 85	26 - 63	0 - 1	25 - 60	0 - 59	0 - 0
	Small (10.8 oz.)	130 - 370	0 - 60	0 - 6	0 - 2	0 - 0	0 - 0	10 - 400	26 - 66	0 - 2	33 - 75	0 - 74	0 - 3
	Large (18.3 oz.)	220 - 620	0 - 25	0 - 11	0 - 3	0 - 0	0 - 0	20 - 190	12 - 141	0 - 3	56 - 133	12 - 132	0 - 5
	Quart (32 oz.)	380 - 1090	0 - 40	0 - 19	0 - 4.5	0 - 0	0 - 0	31 - 329	89 - 247	0 - 5	97 - 233	74 - 232	0 - 8
Cream Ice	Kids (8.2 oz.)	170 - 300	0 - 45	0 - 7	0 - 4	0 - 0	0 - 0	40 - 125	36 - 66	0 - 11	33 - 59	32 - 59	0 - 2
	Small (10.8 oz.)	220 - 390	0 - 50	2 - 9	1 - 5	0 - 0	0 - 0	50 - 160	48 - 87	0 - 14	44 - 78	0 - 78	0 - 2
	Large (18.3 oz.)	380 - 650	0 - 90	3 - 15	0 - 9	0 - 0	0 - 10	65 - 280	82 - 148	0 - 3	78 - 132	42 - 131	0 - 4
	Quart (32 oz.)	660 - 1140	0 - 160	4 - 26	3.5 - 16	0 - 2	0 - 15	153 - 500	142 - 259	0 - 5	129 - 231	124 - 228	0 - 7
Sugar-Free Ice	Kids (8.2 oz.)	80 - 120	0 - 0	0 - 0	0 - 0	0 - 0	0 - 0	20 - 25	30 - 31	0 - 0	0 - 0	0 - 0	0 - 0
	Small (10.8 oz.)	110 - 150	0 - 0	0 - 0	0 - 0	0 - 0	0 - 0	25 - 35	39 - 41	0 - 0	0 - 0	0 - 0	0 - 0
	Large (18.3 oz.)	140 - 260	0 - 0	0 - 0	0 - 0	0 - 0	0 - 0	35 - 60	44 - 69	0 - 0	0 - 0	0 - 0	0 - 0
	Quart (32 oz.)	330 - 450	0 - 0	0 - 0	0 - 0	0 - 0	0 - 0	68 - 105	115 - 121	0 - 0	0 - 0	0 - 0	0 - 0

Gallon provides approx 18-22 Kids cups. Party Bucket provides approx 53 Kids cups. Please refer to nutrition information for Kids cup serving size.

Frozen Custard

Flavor	Size	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Custard Flavors	Small Cup (4.5 oz.)	230 - 295	90 - 130	10 - 14	6 - 9	0 - 0	60 - 85	140 - 220	26 - 40	0 - 0	21 - 27	0 - 10	4 - 5
	Large Cup (5.75 oz.)	310 - 365	110 - 160	13 - 20	8 - 11	0 - 0	75 - 105	180 - 280	36 - 50	0 - 0	29 - 35	0 - 13	5 - 7
	Pint (11 oz.)	600 - 650	220 - 300	24 - 34	15 - 21	0 - 0	140 - 200	350 - 520	70 - 86	0 - 0	57 - 67	0 - 25	9 - 12

Gelati

Flavor	Size	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Custard Flavors	Small	Italian Ice	260 - 440	70 - 110	7 - 15	4.5 - 8	0 - 0	45 - 65	130 - 230	44 - 81	0 - 0	28 - 72	16 - 71	3 - 6
		Cream Ice	320 - 450	70 - 125	8 - 16	4.5 - 10.5	0 - 0	45 - 65	140 - 270	53 - 84	0 - 0	45 - 71	27 - 70	0 - 1
		SF Ice	250 - 300	70 - 110	7 - 11	4.5 - 7	0 - 0	45 - 65	120 - 170	47 - 53	0 - 0	17 - 21	0 - 20	3 - 4
	Large	Italian Ice	360 - 700	80 - 135	9 - 21	6 - 10	0 - 0	53 - 76	150 - 335	62 - 166	0 - 2	56 - 122	31 - 106	3 - 8
		Cream Ice	500 - 720	80 - 170	9 - 24	6 - 15	0 - 0	53 - 76	175 - 400	86 - 170	0 - 2	75 - 121	52 - 105	3 - 8
		SF Ice	360 - 430	80 - 120	9 - 13	6 - 8	0	53 - 76	160 - 240	74 - 113	0 - 0	21 - 25	0 - 9	3 - 5

5-Layer Gelati (one size)

Flavor	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	420 - 640	120 - 220	14 - 26	9 - 17	0 - 0	80 - 115	200 - 840	40 - 108	0 - 0	32 - 91	0 - 67	10 - 14

Blendini® (one size)

Product	Type	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Toppings	Original	Italian Ice	410 - 700	110 - 330	12 - 39.5	8 - 20.5	0 - 0	45 - 110	190 - 450	53 - 110	0 - 9	43 - 96	9 - 73	5 - 12
		Cream Ice	440 - 690	110 - 345	12 - 40	8 - 22	0 - 0	45 - 110	200 - 470	58 - 104	0 - 14	47 - 88	15 - 66	5 - 12
		SF Ice	400 - 610	110 - 330	12 - 37	8 - 20	0 - 0	45 - 110	190 - 425	55 - 87	0 - 9	31 - 60	0 - 38	5 - 12
	Stuffed	All Flavors	70 - 210	0 - 170	0 - 19	0 - 4	0 - 0	0 - 5	10 - 140	6 - 27	0 - 2	3 - 20	2 - 20	0 - 6

Concrete (one size)

Product	Type	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	Original	All Flavors	530 - 900	160 - 560	17 - 63	11 - 34	0 - 0	105 - 155	250 - 660	60 - 117	0 - 0	44 - 99	0 - 68	6 - 22
	Stuffed	All Flavors	70 - 210	0 - 170	0 - 19	0 - 4	0 - 0	0 - 5	10 - 140	6 - 27	0 - 2	3 - 20	2 - 20	0 - 6

Frozen Custard Sundae

Type	Size	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
Soft Serve Sundae	Small Cup (4.5 oz.)	330 - 735	90 - 495	10 - 55	6 - 29	0 - 0	60 - 105	140 - 490	36 - 92	0 - 18	25 - 78	0 - 61	4 - 17
	Large Cup (5.75 oz.)	410 - 805	110 - 525	13 - 61	8 - 31	0 - 0	75 - 125	180 - 550	46 - 102	0 - 18	33 - 86	0 - 64	5 - 19
Hand-Scooped Sundae	Small (5 oz.)	360 - 990	120 - 540	13 - 60	7.5 - 25.5	0 - 0	70 - 135	95 - 530	42 - 107	0 - 6	28 - 92	14 - 80	5 - 21
	Large (8 oz.)	520 - 1190	190 - 640	21 - 71	12 - 32.5	0 - 0	110 - 200	150 - 665	60 - 132	0 - 6	44 - 114	22 - 96	8 - 25
Soft Serve/Hand-Scooped Brownie/ Cookie Sundae	Small (4.5 oz.)	560 - 1271	140 - 646	21 - 72	10.5 - 31.5	0 - 1	87.5 - 161	201 - 670	74 - 146	1 - 8	46 - 116	14 - 80	7 - 24
	Large (5.75 oz.)	630 - 1471	170 - 746	24 - 83	13 - 38.5	0 - 1	112.5 - 226	256 - 805	81 - 171	1 - 8	52 - 138	22 - 96	8 - 28

Milkshakes

Flavor	Size	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	Small (12 oz.)	530 - 795	220 - 435	24 - 49	15 - 24	0 - 0	130 - 170	300 - 500	65 - 103	0 - 19	54 - 79	0 - 21	12 - 18
	Large (20 oz.)	760 - 1225	300 - 695	34 - 78	20 - 35	0 - 0	180 - 235	420 - 780	96 - 161	0 - 27	80 - 123	0 - 42	16 - 29

BLENDERS™

Misto® Shake

Flavor	Size	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	Small (12 oz.)	Italian Ice	260 - 500	60 - 85	7 - 14	4 - 7	0 - 0	40 - 45	105 - 205	48 - 99	0 - 2	44 - 90	24 - 75	3 - 6
		Cream Ice	350 - 520	60 - 90	9 - 16	5 - 9	0 - 0	40 - 50	130 - 205	62 - 102	0 - 14	44 - 90	24 - 75	3 - 6
		SF Ice	250 - 300	60 - 70	7 - 8	4 - 5	0 - 0	40 - 45	100 - 135	53 - 58	0 - 0	13 - 15	0 - 0	3 - 3
	Large (20 oz.)	Italian Ice	400 - 770	90 - 120	10 - 20	5 - 8	0 - 0	55 - 70	165 - 310	72 - 158	0 - 3	70 - 140	38 - 119	4 - 8
		Cream Ice	540 - 810	90 - 160	10 - 24	5 - 13	0 - 0	55 - 80	165 - 310	93 - 164	0 - 22	87 - 139	64 - 118	4 - 7
		SF Ice	370 - 440	90 - 100	10 - 10	5 - 5	0 - 0	55 - 70	155 - 195	79 - 92	0 - 0	20 - 20	0 - 0	4 - 4

Ice Blender

Flavor	Size	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Ice Flavors	Small (12 oz.)	Italian Ice	110 - 350	0 - 15	0 - 6	0 - 2	0 - 0	0 - 0	25 - 105	32 - 80	0 - 2	31 - 75	24 - 75	0 - 3
		Cream Ice	210 - 370	0 - 20	2 - 8	1 - 4	0 - 0	0 - 5	50 - 105	46 - 83	0 - 14	42 - 74	40 - 74	0 - 3
		SF Ice	140 - 150	0 - 0	0 - 0	0 - 0	0 - 0	0 - 0	20 - 35	37 - 39	0 - 0	0 - 0	0 - 0	0 - 0
	Large (20 oz.)	Italian Ice	180 - 500	0 - 20	0 - 9	0 - 2	0 - 0	0 - 0	15 - 150	46 - 114	0 - 2	45 - 107	34 - 106	0 - 4
		Cream Ice	300 - 530	0 - 70	0 - 12	0 - 7	0 - 0	0 - 5	70 - 220	65 - 119	0 - 19	59 - 106	57 - 105	0 - 3
		SF Ice	150 - 210	0 - 0	0 - 0	0 - 0	0 - 0	0 - 0	30 - 50	53 - 56	0 - 0	0 - 0	0 - 0	0 - 0

Frozen Matcha

Flavor	Size	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	Small (12 oz.)	All Flavors	460 - 630	70 - 115	8 - 13	5 - 8	0 - 0	45 - 60	140 - 245	95 - 125	0 - 0	81 - 102	68 - 89	3 - 4
	Large (20 oz.)	All Flavors	700 - 990	100 - 160	11 - 18	7 - 12	0 - 0	65 - 85	210 - 420	147 - 203	0 - 0	126 - 168	107 - 149	4 - 6

Frozen Coffee

Flavor	Size	Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	Small (12 oz.)	All Flavors	370 - 540	70 - 115	8 - 13	5 - 8	0 - 0	45 - 60	135 - 240	73 - 103	0 - 0	68 - 89	55 - 76	3 - 4
	Large (20 oz.)	All Flavors	570 - 860	100 - 160	11 - 18	7 - 12	0 - 0	65 - 85	200 - 410	115 - 171	0 - 0	107 - 149	88 - 130	4 - 6

Toppings

Product	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
Almond Toffee Crunch	100	0	0	0	0	0	0	20	0	12	12	0
Apple Pie Filling	100	0	0	0	0	0	0	19	0	11	0	0
ANDES® Mints	100	0	0	0	0	0	20	25	<1 g	20	20	0
Chocolate Chips	70	0	0	0	0	0	0	25	0	25	25	0
Brownie Bites	50	20	2	0.5	0	0	10	19	<1 g	16	10	0
Cookie Dough Bites	50	15	2	1	0	0	40	8	9	4	0	0
Chopped Peanuts	70	20	2.5	1	0	0	15	7	0	2	2	<1 g
Hot Caramel	130	20	2	1	0	0	45	12	0	7	7	<1 g
Hot Fudge	50	20	2.5	1	0	0	0	9	0	5	5	<1 g
Peanut Butter Sauce	210	170	19	3	0	0	105	20	<1 g	17	17	1
M&Ms Minis	100	35	4	1	0	0	75	15	0	8	8	<1 g
Maraschino Cherries	10	0	0	0	0	0	0	2	0	1	0	0
Mini Gummy Bears	150	120	13	2	0	0	10	9	<1 g	8	8	<1 g
NERDS®	110	60	6	4	0	<5 mg	20	19	<1 g	18	16	1
OREO® Pieces	100	60	7	3	0	0	0	17	2	14	0	1
Pie Pieces	130	50	6	3	0	<5 mg	10	17	1	15	14	1
REESE'S PB Cups	120	40	4.5	4	0	<5 mg	10	25	0	16	14	2
Sprinkles, Chocolate	120	35	4	4	0	<5 mg	60	12	<1 g	11	10	2
Sprinkles, Rainbow	120	45	5	4	0	5	140	6	2	3	2	6
Strawberry Topping	150	90	10	9	0	5	0	5	2	<1 g	0	6
Unicorn Glitter	100	0	0	0	0	0	0	26	0	26	26	0
Vanilla Wafers	100	50	6	2	0	0	105	27	0	20	20	1
Wet Walnuts	280	160	18	2	0	0	0	25	3	20	0	4
Whipped Cream	80	50	6	3.5	0	20	5	6	0	3	2	1

Custard Cookie Sandwiches

Product	Flavor	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohy- drates	Dietary Fiber	Total Sugar	Added Sugar	Protein
Custard Cookie Sandwiches - Individual	All Flavors	230 - 410	80 - 180	9 - 20	4 - 11	0 - 0	30 - 40	190 - 230	33 - 55	1 - 3	17 - 38	9 - 22	4 - 4

Hand-Scooped Custard Cookie Sandwiches

Product	Flavor	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
Custard Cookie Sandwiches - Individual	All Flavors	650 - 762	270 - 312	30 - 35	10.5 - 19	0 - 2	75 - 117	267 - 415	86 - 103	2 - 4	56 - 70	0 - 0	9 - 10

Hand-Scooped Frozen Custard

Flavor	Size	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Custard Flavors	Small Cup (5 oz.)	260 - 340	120 - 170	13 - 18	7.5 - 12	0 - 0	70 - 105	95 - 225	30 - 41	0 - 0	26 - 36	14 - 26	5 - 6
	Large Cup (8 oz.)	420 - 540	190 - 270	21 - 29	12 - 19	0 - 0	110 - 170	150 - 360	48 - 66	0 - 0	42 - 58	22 - 42	8 - 10
	Pint (14 oz.)	740 - 940	330 - 470	37 - 51	21 - 33	0 - 0	190 - 300	260 - 630	84 - 116	0 - 0	74 - 102	38 - 74	14 - 18

Cookies & Brownies

Flavors	Calories	Calories from Fat	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Total Sugar	Added Sugar	Protein
All Flavors	220 - 281	30 - 106	8 - 12	3 - 6	0 - 1	17.5 - 26	106 - 140	34 - 39	1 - 2	20 - 24	0 - 0	2 - 3

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